



ROYAL SPA BEAUTY

Discover our unique range of first-class massage rituals,
high-quality facial and body treatments,
perfectly celebrated by our highly qualified team.

**We would like to pamper you with unforgettable moments.
Can't decide? You don't have to.
Our Spa has already prepared beautiful packages for you.**

TABLE OF CONTENTS

Piroche Cosmétiques	03
Rosalpina	04
Vitalis	05
Facial treatments by Piroche	06
Bioenergetic Body Treatments by Piroche.....	08
Mineral Body Wraps	10
Algae Body Wraps	13
Royal Baths	15
Beauty Treatments on the soft pack couch	18
Wellness Treatments	20
Rosalpina Treatments	22
A celebration for your senses.....	24
Massages	26
Treatments For Two	29
Individual Cosmetic Treatments	30
Packages.....	32
Kids SPA.....	34
Our Spa Etiquette	35



Piroche Cosmétiques

Piroche Cosmétiques is a selected cosmetic line, whose products are rich in exclusively natural active ingredients. Piroche Cosmétiques has succeeded in developing a beauty care that combines traditional Asian healing and modern knowledge and technology.

The result: A natural cosmetic line and treatment method, which considers humans as a unit and has a very positive effect on the physical and mental state in addition to the cosmetic effect.

The holistic Piroche Cosmétiques method gently dissolves energy pathways and restores body, mind, and soul to their natural balance. Inner balance means more energy, better well-being, and a radiant, fresh look.



ROSA ALPINA

Rosalpina

Explore the hidden powers and treasures of our mountain world. Alpine meadows, forests, fresh air, spring water and alpine herbs give us the most valuable for our well-being. The Phyto-stem cells of alpine roses are currently the most innovative development for an effective and 100% natural anti-aging protection of the skin.

The Phyto Staminal Rosalpina & Alpine Herbs line stimulates the vitality of skin stem cells, encouraging cutaneous regeneration and resistance.

Alpine herbs and plants such as arnica oil, St. John's wort oil, marigold, mountain pine and pine oil are used for the well-being, protection, and health of your skin. Our products are based on crystal clear mountain spring water.

Only the best for you. Made in South Tyrol.



VITALIS
DR. JOSEPH 
natural intelligence

Vitalis

Vitalis Dr. Joseph is the expression of a lifelong fascination for the ingenuity of plants and their functional ingredients. Nature has always been our priority. Our aim is to select the most effective plant substances and refine them with gentle methods and traditional knowledge into holistic products and treatments.

We think holistically on a human level as well.

Mutual support and promotion, in cooperation with plants, nature, ancient know-how, and modern technology make us a synergistic collaboration.



Facial treatments by Piroche

The skin is called the mirror of the soul. All Piroche Cosmétiques treatments are specifically tailored to your individual problems and wishes (wrinkles, couperose, blemished skin).

Classic Facial Treatment

A cleansing facial treatment (cleansing, steam peeling, facial massage, mask, and moisturizer).

€ 65,00 (approx. 50 min.)

Bioenergetic Facial Treatment

A treatment that infuses your skin with new energy and relaxes your facial muscles for a fresh, radiant appearance.

€ 95,00 (approx. 80 min.)

Bioenergetic Facial Treatment with texturing mask

Following the bioenergetic vacuum drainage treatment, the brightening and regenerating face mask containing grape seed extract, vitamin C and fruit acids makes your skin more radiant and smoother.

€ 110,00 (approx. 80 min.)

Bioenergetic Face Lifting

The bioenergetic vacuum drainage detoxifies the tissues and the result is a radiant and fresh appearance. A short treatment with immediate effect.

€ 45,00 (approx. 25 min.)

Expressions – Natural Face Lifting Treatment

A natural beauty programme to both fight the formation of expression wrinkles and prevent the early aging process. The treatment stimulates biochemical processes that relax expression wrinkles, restoring the skin's smoothness and elasticity. Results in instant splendour and radiant beauty.

€ 90,00 (approx. 80 min.)

Bioenergetic Facial Treatment for Men

Energy-balancing essential oils are specifically selected after a detailed skin diagnosis. A bioenergetic vacuum drainage detoxifies your skin tissue and invigorates and relaxes your facial muscles.

€ 95,00 (approx. 80 min.)



Bioenergetic Body Treatments by Piroche

Bioenergetic Body Treatments by Piroche help to boost your energy level! The immune system is stimulated and strengthened. New energy, new vitality, new well-being!

Bioenergetic Body Treatment

Bring your body back into balance. After an intensive tissue detoxification, your skin is strengthened and revitalised and your energy flows have been harmonised. The body's restored energy balance and harmony enhance the aesthetic result.

€ 95,00 (approx. 80 min.)

Bioenergetic Back Treatment

Pure relaxation for muscles and skin tissue. Essential oils support the relaxation of tense muscles. A warm algae pack ensures a lasting feeling of wellbeing.

€ 65,00 (approx. 50 min.)

Body Peeling

Pamper your skin with a gentle full-body massage with a revitalising cream and fine micro-particles. Dead cells are gently removed, leaving your skin feeling velvety soft and silky smooth.

€ 39,00 (approx. 25 min.)

Bioenergetic Leg Treatment

The ideal treatment for slender light legs. This mask with algae and specific essential oils is designed to nourish the skin with precious draining and toning substances, followed by effective lymphenergic draining.

€ 65,00 (approx. 50 min.)

Bioenergetic Cellulite Treatment

A special and effective combination of products and bioenergetic drainage. An ideal treatment for detoxification. Strengthening and tightening.

€ 70,00 (approx. 50 min.)

Bioenergetic Cellulite Treatment with Seaweed Pack

Detoxing, strengthening, and firming in combination with an algae pack. A special combination of algae pack and Bioarmoni by Piroche provide essential minerals and vitamins and have a strengthening and firming effect. Followed by a bioenergetic vacuum drainage.

€ 85,00 (approx. 90 min.)



Mineral Body Wraps

Cellulite Wrap – Partial Body Wrap

A synergy of essential oils with draining and firming properties, combined with specific active substances to treat cellulite blemishes. Ideal for beauty care focused on localized adipose build-up.

€ 70,00 (approx. 50 min.)

Heavy Legs Wrap – Partial Body Wrap

Specific bandage designed to treat tired heavy legs. A synergy of essential oils with draining cold effect properties combined with specific active substances to endow legs with a feeling of cool newfound energy.

€ 70,00 (approx. 50 min.)



Minerals – a natural beauty elixir

Minerals are one of the most important elixirs placed at our disposal by nature, because 4% of the human body consists of minerals. They are essential for health, since a correct electrolyte balance ensures a feeling of youthful vitality.

In 4 different Natural Mineral Body Masks, Piroche Cosmétiques has combined the energy and effectiveness of minerals in innovative and natural formulas. A special Spa ritual to relax, regenerate or revitalize – in harmony with mother nature.

Cydonia Purifying Body Mask

A purifying mask rich in calcium and silicon, removes skin impurities, and has an excellent restructuring and moisturizing action. Clay combines its action with borage oil and sweet almond oil and with a blend of lavender, sage, and geranium essential oils to deeply cleanse the skin and regulate sebum production.

Indicated for impurities of the skin, back and neckline.

€ 45,00 (approx. 25 min.)

Tilia Firming Body Mask

Tilia, a firming mask rich in sodium, magnesium, and potassium, endows the skin with new youthfulness, firming it and toning it. The special composition of its clay content restores the natural electrolyte balance of the skin, while a blend of dermofunctional substances ensures protection against early aging and endows elasticity. Indicated for toneless skin

€ 45,00 (approx. 25 min.)



Rosa Sensitive Body Mask

A delicate mask made of clay and precious substances that stimulate the defences of the skin and relieve irritations. Essential rose oil along with the extract of three Asian herbs contributes toward restoring skin balance. Indicated for sensitive and demanding skin.

€ 45,00 (approx. 25 min.)

Vulcanus Nutritive Body Mask

Mask with highly moisturizing properties. Volcanic clay rich in precious oligoelements combined with jojoba oil, shorea butter and wild mango butter deeply moisturize the skin for a soft and smooth effect. The active substances also have an important lenitive effect in soothing irritations and itching. Indicated for very dry skin.

€ 45,00 (approx. 25 min.)



Algae Body Wraps by Piroche

Seaweed is an elixir that contains mineral substances, micronutrients, and vitamins. They moisturize the skin, activate the metabolism, purify, and drain the body. Body poultices combine the beneficial properties of the seaweed *Laminaria digitata* and of clay with the beneficial effects of a special blend of essential oils.

Piroche Cosmétiques Seaweed Packs

We put you comfortably warm in a blend of algae, white clay, and essential oils. A cocktail of minerals and nutrients for your skin and complete relaxation for you.

€ 45,00 (approx. 25 min.)



Relaxing Seaweed Pack

For a deep relaxation of body and mind.

€ 45,00 (approx. 25 min.)

Yin and Yang Seaweed Pack

For intensively revitalised and firmed skin.

€ 45,00 (approx. 25 min.)

Piroche Trilogy Body Treatment

Enjoy the ideal combination of a special whole-body-treatment with natural essences (with relaxing, toning and energizing or warming and cleansing effects).

This trilogy is based on the three pillars of physical well-being:

Cleansing: A gentle full-body peeling helps to remove dead cellules and negative energies.

Absorbing: The algae clay body pack is applied to your body by gentle hands.

Relaxing: Enjoy this relaxing moment on our cosy soft pack couch followed by a nourishing skin care. You can finish the treatment with a warm cup of herbal tea.

€ 85,00 (approx. 80 min.)



Royal Baths

Take yourself off on a journey into the most impressive moments of relaxation. A cosy bath with gentle hydromassage is just right for you. Enjoy a 25-minute-bath with the finest blends of essential oils. After the bath you should not dry yourself off, but rest for about 20 minutes wrapped in a cosy bathrobe.

Piroche Cosmétiques Algenbad

Regenerating Thalasso bath. This bath provides the skin with the nutritional substances of Laminaria seaweed with its remineralizing and stimulating functions. Indicated when combined with treatments against cellulite blemishes and against dry and demineralized skin.

Piroche Cosmétiques Bath for Athletes

Special essential oils help the body catabolize lactic acid which accumulates while exercising. Essential oils: Cinnamon, lavender, niaouli, lemon - lavender, bitter orange.

Piroche Cosmétiques Regenerating Bath

This combination of 8 essential oils synergically to achieve a regenerating, purifying and stimulant action. The skin is firmer and more compact after the bath. Essential oils: Thyme, lavender, rosemary, lemon, sage, eucalyptus, nutmeg, geranium.

Piroche Cosmétiques Energetic Bath

Awakens energy in both body and spirit. Invigorating instantly refreshing bath that ensures newfound energy. Essential oils: Mint, lemon, rosemary, lavender, thyme.

Indulging Bath „Cleopatra“

Even the Egyptian pharaoh Cleopatra is said to have preserved the beauty of her skin by bathing in donkey milk and honey. The vitamins contained in the milk and its refatting and regenerating effect make the skin particularly soft and supple and ensure that it regains its natural acid mantle.

Honey-Swiss Pine Bath

Pleasant relaxing bath with natural bio-active essences. Excellent for severe sore muscles, regenerates the body and the vegetative nervous system.

Orange Blossom Bath

An orange blossom bath is especially suited for sensitive skin. It has moisturizing, anti-inflammatory and stress-relieving properties.



Hay Flower Bath

Tiredness is simply blown away, back pain and melalgia are gone.

Lavender Bath

Lavender baths have a calming and balancing effect. The essential oils help to relieve stress and anxiety.

Juniper Bath

A juniper bath will assist your body in removing retained fluid more quickly and has a positive effect on cellulite.

Sea Salt Bath

Bathing in sea salt detoxifies the body and at the same time tightens the skin.

All Royal Baths

€ 39,00 (approx. 25 min.)





Beauty Treatments on the soft pack couch

Celebrate this special time-out while your skin gets pampered to the maximum. The body wraps provide pure relaxation, promote blood circulation, the purification of the skin and the detoxification of the body. Body and mind on cloud 9.

Traditional Hay Bath

Hay baths have been successfully applied for more than one hundred years. These baths have a detoxifying and purifying effect, they are revitalising and balancing, and improve the overall wellbeing. Sweating in the hay strengthens the immune system and stimulates the metabolism. Furthermore, the hay flowers also provide great skin care.

Detoxifying & Activating Alpine Fango Body Wrap **Deep Alpine Strength - Detoxifying with Alpine Mud**

This treatment is a must for lovers of traditional Alpine treatments. The typical fragrance of the mountain pine has a reviving and strengthening effect and combined with the natural, fine sediments of the Alpine fango, it helps to purify and strengthen the skin, creating a beautiful skin complexion in the process.

Skin Repair Anti-Aging Body Wrap **Effective Beauty - Anti-Aging with Wine Grapes & Sea Buckthorn**

Pure regeneration and care! The concentrated power of grapes and sea buckthorn invigorate the tissue and support cell renewal. Intensive care for your skin, for a youthful appearance!

Moisturizing Body Wrap **Sweet Allure for deeply hydrated skin - with Apple & Rose Hips**

Treat your skin to a sensuously fruity beauty bath with apple and rosehip. The apple extract is rich in vitamins, minerals, pectin, and waxes – the ideal active ingredients to care the needs of demanding skin. In combination with precious rosehip, it promotes the well-being of your skin and reduces the loss of moisture. Your skin appears smoother and firmer.

Firming Cellulite Algae Body Wrap **Activating sea energy – marine algae pack**

Algae are often used against cellulite because of their detoxifying, toning, and strengthening effects. The circulation-promoting effect makes the skin look rosy and smooth.

All applications
€ 55,00 (approx. 40 min.)



Wellness Treatments

Nature

Gentle body scrub with honey and soothing honey-pine-relaxation bath. Especially helpful for very sensitive skin.

€ 60,00 (approx. 50 min.)

Bio Herbal Stamp Massage

Herbal foot bath, followed by a full-body massage with steam-heated herbal stamps.

€ 72,00 (approx. 50 min.)

Respiratory Massage

This special massage technique gently loosens muscles, especially in the back and chest; this promotes deep breathing and thus increases the oxygen supply to all cells.

A special highlight of this treatment is the massage with larch sticks and the inhalation with mountain herbs.

Full body:

€ 70,00 (approx. 50 min.)

Partial body:

€ 45,00 (approx. 25 min.)





Rosalpina Treatments

Rosalpina & Alpine Herbs Body Peeling

Vitalising body peeling cream with alpine rose and pine essential oils. Its precious ingredients and a delicate massage stimulate the skin and gently remove dead cells. Mallow and marigold have a particularly calming effect on the epidermis. For a softer and smoother skin.

€ 45,00 (approx. 25 min.)

Rosalpina & Alpine Herbs Vitalizing Bath Oil

Bathing oil, whose content of essential oils from alpine rose, pine, mountain pine, sage, and thyme, gives a stimulating effect to the senses. The skin feels toned and revitalized.

€ 39,00 (approx. 25 min.)

Rosalpina & Alpine Herbs Body Mask

Revitalising and moisturising body mask to stimulate the vitality of epidermal stem cells. St. John's wort oil, evening prime rose oil and pine oil strengthen the regenerative capacity of the epidermis and the skin's protective barrier.

€ 45,00 (approx. 25 min.)

Rosalpina & Alpine Herbs Full Body Massage

Discover the sensations of relaxation, lightness, and new energy. Soak into the magic scents of the wood and the mountains in combination with a unique treatment. We use innovative natural products, exclusively produced in South Tyrol. Phytostem cells of alpine rose strengthen the skin's protective barrier and activate stem cell vitality. Pine oil, mountain pine oil, arnica oil and St. John's wort oil add an alpine flair to the energy-giving massage. Breathe. Relax. Live.

€ 72,00 (approx. 50 min.)

Rosalpina & Alpine Herbs Facial treatment

Make the most of the extraordinary, all-natural, facial treatment based on Rosalpina stem cell concentrate. The combined properties of this flower with Alpine Herbs, such as Hypericum, Larch Extract, Calendula, Mallow, Chamomile, Gentian and Juniper, boost skin vitality, underpin skin regeneration, and improve the protective barrier function of skin face.

€ 85,00 (approx. 50 min.)



A celebration for your senses

Intuitive massage

Tailor-made and unique! A massage can have many benefits. It can be strong, intense, and activating or gentle, harmonizing, and relaxing. Only the back, legs and arms or the whole body – our massage therapist realizes your personal wishes after a caring consultation.

Book your individual therapy session and discuss the desired focus of every treatment. You will be spoiled and pampered!

€ 95,00 (approx. 80 min.)

€ 69,00 (approx. 50 min.)

Chocolate Massage

An unparalleled wellness-harmony treatment. Enjoy gentle massage strokes and smooth warm chocolate! Fact is that chocolate generates joy of life and pure enjoyment. Forget everyday life and bring your stressed nervous costume into balance.

€ 69,00 (approx. 50 min.)

Candle Massage

A very special pampering treatment for all senses – a break from everyday life! The massage candle with various, unique aromas and their soft glow creates a very harmonic atmosphere. The particularly smooth treatment with warm, skin-nurturing wax compositions, coconut oil and other precious ingredients, creates wellbeing and leaves your skin velvety-smooth.

€ 70,00 (approx. 50 min.)

Ear Candling

An ancient Indian healing tradition (Hopi Indians) for deep relaxation and to relieve stress, nervousness, sleep disorders, chronic headaches, and tinnitus.

€ 30,00 (approx. 25 Min.)

Ear Candling with a Head and Neck Massage

An ancient Indian healing tradition (Hopi Indians) for deep relaxation and to relieve stress, nervousness, sleep disorders, chronic headaches, and tinnitus.

€ 60,00 (approx. 50 min.)



Massages

Classic Partial Body Massage

A classic treatment for problems in specific body areas.

€ 39,00 (approx. 25 min.)

Classic Full Body Massage

Different massage techniques address specific problem areas and your body as a whole. Pain and muscle ailments are immediately alleviated.

€ 69,00 (approx. 50 min.)

Head And Neck Massage

The altogether relaxing effect can help to lower permanently high blood pressure. The immune defensive system and resistance are stimulated and strengthened.

€ 39,00 (approx. 25 min.)

Relaxing Full Body Massage with Essential Oils

Full body massage with profound effect. Oils and scents may be selected by you.

€ 69,00 (approx. 50 min.)

Reflexology Foot Massage

A symbiosis of pressure point massage and the finest energy work. The stimulation of the foot reflex zones affects organs and the whole body. The energy flow is stimulated, the immune system is strengthened – your body feeling comes into balance. For new vitality and grounding!

€ 69,00 (approx. 50 min.)

La Stone Massage

At the beginning of this deep relaxing massage, the energy centres of the body are stimulated with pleasantly warm basalt stones. The following gentle massage with powerful Chakra essential oils strengthens the lymphatic activity and the body's own detoxification.

Enjoy extraordinary deep warmth and fragrant aromatic oils with this unique stone massage – touching primordial power for your body and soul.

€ 95,00 (approx. 75 min.)

Lomi Lomi Nui Hawaiian Massage

Holistic treatment technique based on the traditional healing lore of the Polynesians. The purpose of this Hawaiian massage ritual is to stimulate the energy flow and to achieve deep relaxation.

€ 95,00 (approx. 80 min.)

Vitalstone Massage

The Vitalstone Massage according to Vitalis Dr. Joseph is a deeply relaxing massage with warm basalt rocks and precious essential oils. It creates a feeling of holistic harmony after great physical or mental stress, in times of new beginnings and during the inner process of letting go.

€ 95,00 (approx. 75 Min.)

Vitalis Alpicare Sports Massage with Arnica Balm

This massage is specifically adapted to the physically stressed musculoskeletal system. It is a powerful massage and unfolds an intensive effect by loosening the stressed muscles. Arnica invigorates the body and supports its regeneration.

Full body:

€ 80,00 (approx. 50 min.)

Partial body:

€ 39,00 (approx. 25 min.)



Treatments For Two „Time for Two“

Start your time for two with a shared Serail bath.

During the steam bath you can apply nurturing body packs to each other's body.

You will experience pure relaxation from head to toe during the following pleasant relaxation massage in our Private Spa.

To compliment this treatment, you will be served fruit and a glass of prosecco by candlelight.

€ 150,00 for 2 people (approx. 90 min.)

From 2:00 pm - 4:00 pm





Individual Cosmetic Treatments

Eyes

Eyebrow Tinting	15,00 €
Eyebrow Correction	15,00 €
Eyelash Tinting	15,00 €
Eyebrow and Eyelash Tinting	29,00 €

Hands

Manicure without Nail Polish	46,00 € (approx. 40 min.)
Manicure with Nail Polish	51,00 € (approx. 50 min.)

„Exquisite Hand Care“

Manicure (without nail polish) with a gentle peeling, followed by an intensively nourishing hand mask.

€ 49,00 (approx. 50 min.)

Feet

Pedicure without Nail Polish	50,00 € (approx. 40 min.)
Manicure with Nail Polish	55,00 € (approx. 50 min.)

„Exquisite Foot Care“

Relaxing foot bath with pedicure (without polish), followed by a foot pack.

€ 49,00 (ca. 50 Min.)

Depilation

Legs up to the knee	35,00 € (approx. 45 min.)
Full leg	50,00 € (approx. 60 min.)
Bikini Zone	17,00 € (approx. 30 min.)
Armpits	17,00 € (approx. 15 min.)
Face	20,00 € (approx. 20 min.)



Packages

Vacation for your back

- 1 Energy bath
- 2 Back massages
- 1 Bioenergetic back treatment

€ 160,00 per person

Weekend Special „For Him“

- 1 Back massage
- 1 Bioenergetic facial tailored for men

€ 120,00 per person

Weekend Special „For Her“

- 1 Cleopatra bath
- 1 Bioenergetic facial

€ 120,00 per person



Pure Detox

- 1 Body Peeling
- 1 Seaweed Bath
- 1 Bioenergetic Cellulite Treatment with Algae pack
- 2 Cellulite wraps (abdominal zone/hips and legs)
- 2 Bioenergetic leg treatments

€ 370,00 per person

Vitality

- 1 Body Peeling
- 1 Bioenergetic Body Treatment
- 1 Energy Bath

€ 155,00 per person

Mountain Rays

- 1 Hay Bath
- 1 Honey Peeling
- 1 Honey-Swiss pine-bath
- 1 Bio Herb Stamp massage (herbal foot bath, full body massage with steam heated herb stamps)

€ 170,00 per person

Romance for Two

- 1 Serail Bath for two, during the resting period you will be served a glass of Prosecco followed by a full body massage
- For her: a beauty treatment for face & body
- For him: a hay flower bath followed by a back and neck massage

€ 340,00 for 2 people

Rosalpina – Alpine Herbs

- 1 Body Scrub
- 1 Body Mask
- 1 Facial
- 1 Full body Massage

€ 190,00 per person





Kids SPA

„Cinderella“ Facial

Cleansing, massage, mask, and moisturizer.

25,00 € (approx. 25 min.)

Hot-Chocolate Massage

A „Hot chocolate“ massage is a very special wellness experience for kids. Chocolate makes us happy and is pure enjoyment.

25,00 € (approx. 25 min.)

„Snow White“ Manicure

Fragrant hand bath, filing and polishing nails, followed by a hand massage.

15,00 € (approx. 15 min.)

Our Spa Etiquette for an experience of absolute well-being

Enjoy the silence

To offer our dear guests a relaxing atmosphere, we ask you kindly to reduce noise to a minimum. Experience complete relaxation and turn your mobile phone off – and keep it off – while in the spa.

Dress code

In your hotel room you will find a personal spa basket with bathrobe, slippers, and towels.

Please enter the entire spa area only in swimwear or bathrobe. Please note, that our sauna area is a nude area and for hygienic reasons it's not allowed to use your swimwear. However, please use towels during your sauna session.

Your SPA treatment

To meet your wishes in terms of treatments and time, we recommend that you book your treatment appointments in advance. Please let us know your special wishes, goals and health conditions when making your reservation, so that your wishes can be considered. We ask you to come to the SPA reception five minutes before the start of the treatment. Our therapist will pick you up in the lounge area. The following treatment time is all yours - close your eyes, take a deep breath, and enjoy moments of relaxation and well-being.

Cancellation

Please understand that we cannot extend the treatment if you are late. In case of no-show, we charge 100% of the treatment costs. If you need to cancel your application, please notify us at least 12 hours prior to your treatment appointment to avoid being charged. However, if you cancel your treatment at short notice, we will have to charge you 50% of the treatment costs.



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